

Biotin IV Therapy

Quick Facts

Type	B Vitamin (B7)
Supports	Hair, skin, nails, metabolism
Common Uses	Beauty support, energy metabolism
Duration	Lasts days

What it Does

Biotin (Vitamin B7) supports healthy hair, skin, and nails while helping the body convert food into energy.

Benefits

- Strengthens hair and nails
- Supports glowing skin
- Boosts energy metabolism
- Promotes healthy cell growth

Sunflower Wellness and Hydration
heidi@sunflowerwellness-hydration.com